



# Wakefield Hockey Club

## Club Ethos Statement

*Wakefield Hockey Club wants you to be the best you can be, and to aim to reach your full potential. So please try your hardest, for yourself and for your team.*

*We expect good manners always; you are representing the team, the club, the city of Wakefield, your school and your family.*

*Listen to your coaches, listen to your managers, and listen to others. You learn when you're listening, not when you're talking.*

*Respect the coaches, managers, umpires, the other team, to property, to all spectators - both home and away.*

*Support and respect other players, whether in your own team or in the opposition.*

*Good timekeeping, don't be late, without good reason.*

*Win! We want all our teams to be winners. Try and win, but if you lose, try harder next time. Bounce back and keep your head up. We win and lose as a team, and we fight to win as a team. But when we win, we stay humble, and keep the respect of the other team.*

*Injuries - In order to avoid or reduce the impact of injuries it is important that you take a full and active part in pre-game conditioning (Warm ups) and at least equally important post game warm down and stretches. It is good practice that we warm up and down together as a team. England Hockey Concussion policy & guidelines can be found [here](#).*

- Training - session times are available on the website [www.wakefieldhockeyclub.com](http://www.wakefieldhockeyclub.com) attend as much as possible.
- Senior section selection sessions are held annually in the summer, player ability is matched to the squad and is reviewed monthly by the captains/coaches and chair of selectors (for Seniors) throughout the season.
- Membership forms to be completed by all members (new and existing) annually. Membership fees to be paid by the 31<sup>st</sup> October – monthly payment plans also available -see website for more detail. [www.wakefieldhockeyclub.com](http://www.wakefieldhockeyclub.com)
- Senior match fees, payable on the day, should be paid to the captain/nominated representative or online- £10 per game for all players (includes the cost, £3, of one training session the following week).
- Senior training fees, payable on the evening, should be paid to the captain or nominated representative (£3, if not played on the preceding weekend).
- Contact details must be kept up to date (U18s must include parent/guardian contact details).
- Contact from team captain/coach, will include match availability requests, match location and time, selected squad details, transport to the match, match/training cancellations and other reasonable request.

- Player/parent or guardian responses to be in a timely manner (max 36 hours).
- Captain (Seniors) to advise players of their squad selection, Thursday evening latest. This should include travel arrangements (meet times, locations etc).
- Players are expected to wear the current club kit for all league/cup matches.

Kit can be ordered on site or online through



- All captains/coaches - carry first aid kits and ice packs.
- All players - shin pads, gumshields are compulsory, even at training. Face masks are provided by the club for defensive short corners at league/cup matches (these are compulsory for U18's). All items are available to purchase from our on-site hockey shop or online [here](#)
- Changing room protocol for U18's playing in Senior teams – U18's should shower and change separately to adults.
- Code of conduct for on and off pitch behaviour can be viewed via the website [www.wakefieldhockeyclub.com](http://www.wakefieldhockeyclub.com)
- Discipline - England Hockey has a Code of Ethics & Behaviour which covers people involved in hockey in this country. This Code encapsulates all the sporting, moral and ethical principles that hockey represents and is intended for all participants and disciplines within the sport however they choose to participate – as a player, umpire, coach, official, volunteer or a parent supporting on the side-lines.

Everyone involved in the sport should promote equality of access and opportunity, fairness and respect. All those involved within hockey have a responsibility to act according to the highest standards of integrity and to ensure that the reputation of the sport is, and remains, high. Further information is available here: [England Hockey](#)

- Seniors - Post match - All players to attend where possible after games (both home and away). In particular at away matches where the opposition have catered for a whole team.
- Transportation to/from away games to be communicated through the Senior captains, lifts can be arranged from the club as required.
- Social calendar is available on our website – [www.wakefieldhockeyclub.com](http://www.wakefieldhockeyclub.com) ALL welcome.
- Any questions, please get in touch:

<b>Ladies</b>	Sue Gibson	<a href="mailto:sue.gibson3322@gmail.com">sue.gibson3322@gmail.com</a>
<b>Mens</b>	James 'Jimbo' Rowson	<a href="mailto:james.rowson@kpfilms.com">james.rowson@kpfilms.com</a>
<b>Juniors</b>	Brian Aldred	<a href="mailto:coachjumbo@me.com">coachjumbo@me.com</a>
<b>Flyerz</b>	Tom Heyes	<a href="mailto:wakefieldflyerz@gmail.com">wakefieldflyerz@gmail.com</a>
<b>Child Welfare Officer</b>	Ali Willoughby	<a href="mailto:whcwelfare@yorkshireha.co.uk">whcwelfare@yorkshireha.co.uk</a>